

Prof. JOSEPHINE NAMBOZE

- Was Born in 1934
- Known by her contemporaries as the star of tropical medicine in Uganda.
- She was the 1st female doctor in Eastern and Central Africa.
- Teacher, Doctor, Academician and a successful family Mother
- Attended Mt. St. Mary's Namagunga and Namilyango college which at that time had a science lab and Namagunga lacked one.
- She entered a male – dominated profession of Doctors at the Makerere Medical School in 1953 during colonial times.
- Sciences and Medicine at that time were considered very tough subjects and ladies/ women in the Medical School could not cope. But she defied those odds and Biases.
- Graduated in 1959 – with Bachelor of Medicine/Bachelor of surgery.
- Later she went for further studies in the University of California.
- Majored in maternal and child health.
- Worked at Kasangati, Health Centre teaching health Education, carrying out comprehensive immunization services.
- Child Nutrition, including outreach of Health services.
- She is credited for emphasizing research and publications, when she was a Director Institute of Public Health especially on Kwashiorkor and venereal diseases. Emphasizing that reasons were generally economic and environmental Dismissed the racial biases on the causes of these diseases.
- She has extensively, authored many books and academic papers both at National and International Conferences.
- Emphasized preventive care and meaningful community involvement and does not believe in imposition of outsiders' standards and practices as solutions to every problem.
- She believed that bad political leadership led to deterioration in the economic conditions which in turn led to the severe decline in the available services in the 1970s.
- Has worked with international Bodies like WHO.
- Probably her biggest contribution was her capacity to survive in an environment which was a domain of the males only and develop a career which would be an inspiration to the girl/child and women to have a vision and a goal.
- Also being innovative an otherwise hostile environment.
- Josephine Namboze has been a leading advocate of Primary Health Care.
- Was the first woman to head a public Health Institute in Uganda.
- Was a World Health Organization Representative in Botswana.
- Was Director of Support Services Development at WHO Regional Office for Africa.
- All this has been attained through hard work and patience.